

Cynthia Hernandez
Case Manager/Resource Navigator

Cynthia leads LiftUp Communities' alignment with our employment social enterprise partners to maximize a familial approach in addressing barriers and opportunities toward greater stability and mobility, and a strengthened social fabric.

Highly credentialed in social services and family case management, Cynthia's experience includes family support and advocacy roles with Family Focus Inc. in Aurora, Illinois, Healthy Families Illinois at Catholic Charities Diocese of Joliet, and Chicago-based Howard Area Community Center and Family Matters. Among her credentials are the Illinois Gateways to Opportunity Family Support Specialist - Level 5, and the Department of Children & Family Services' Mandated Reporter Training Certificate and Child Welfare Employee Licensure.

Cynthia was born and raised on the south side of Chicago. A first-generation college graduate, she earned her Bachelor's in Social Work at Northeastern Illinois University and a Master's in Social Work from Aurora University where she completed field studies with Waubensee Works. Cynthia brings her passion to create fast, workable solutions and coaching plans that inspire hope and flourishing among the individuals LiftUp works with.